

.. CLAIMS:

1. An agent for improving allergic predisposition comprising a hydrolysate of water-soluble dietary fibers as its effective
5 component.
2. An agent for suppressing production of IgE antibody comprising a hydrolysate of water-soluble dietary fibers as its effective component.
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3. The agent for suppressing production of IgE antibody according to claim 2 wherein the water-soluble dietary fibers is glucomannan or galactomannan.
- 15 4. A food for improving allergic predisposition comprising hydrolysate of water-soluble dietary fiber.
5. Use of a hydrolysate of water-soluble dietary fibers for producing an agent for improving allergic predisposition.
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6. Use of a hydrolysate of water-soluble dietary fibers for producing an agent for suppressing production of IgE antibody.
7. A method for improving allergic predisposition comprising
25 administering a hydrolysate of water-soluble dietary fiber.
8. A method for suppressing production of IgE antibody comprising administering a hydrolysate of water-soluble dietary fiber.